

Poochie Popsicles



A refreshing and nutritious frozen treat for your favorite furry friend!

Ingredients

- 1 ripe banana
- 4 cups orange juice
- ½ cup plain yogurt

Instructions

1. Blend the Ingredients:

- In a blender, purée the **banana, orange juice, and yogurt** until smooth.
- *(Alternatively, mash the banana by hand and whisk together with the juice and yogurt.)*

2. Freeze the Popsicles:

- Pour the mixture into **popsicle molds** or **ice cube trays**.
- Freeze for **at least 4 hours** or until solid.

3. Serve:

- Pop out a frozen treat and serve to your **hot dogs** on a warm day!

Customization Ideas:

- Swap **bananas** for **blueberries, strawberries, peaches, or watermelon** for a fruity variation.
- Mix in a **spoonful of peanut butter** for added flavor.

*(This recipe makes approximately 28 one ounce treats when using standard ice cube trays.
Any extra mix makes a great smoothie for humans!)*

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